

## Emergency Assistance

The road to recovery is a long and difficult one for wounded Warriors. The financial strain on the whole family is huge. Heartbeat offers the following assistance to Special Ops families who qualify through an application process:

- ♥ Food gift cards
- ♥ Utility payments
- ♥ Rent assistance

## Morale-Building Programs & Events

- ♥ Christmas Wish: Adopting Wounded Warrior Families for Christmas
- ♥ Christmas Stocking Program

*Heartbeat's therapeutic programs can produce lifelong changes for our heroes.*

## ♥ SCUBA Warriors® Therapeutic Diving

Therapeutic SCUBA diving is an activity that helps patients improve cardiovascular strength, emotional well-being, mobility, muscle strength, and blood flow.



When diving, nitrogen levels change to help with cognitive disorders.

This rehabilitative activity has produced positive results for years. Wounded Warriors experience reduced pain and a liberation not found on land.

**Available to wounded/ injured from deployment during Vietnam forward to OIF/ OEF.**

## ♥ Back in the Saddle Warriors® (BITS Warriors) Equine Therapeutic Riding and Hippotherapy

Horses and humans have a pelvis that moves in the same three-dimensional way. Hip movement is identical when walking. When a person sits on a moving horse, muscle groups for normal human movement are strengthened.



**Available to: wounded/injured from deployment during Vietnam forward to OIF/OEF.**



## ♥ BITS KIDS

Equine Therapeutic Riding for children with special needs/disabilities of wounded Warriors.

## ♥ K9 Healing Warriors

This therapeutic Service Dog program allows the Warrior to get their lives back and be able to renegotiate the everyday challenges they face. Now they are not alone. This program will train both the Warrior and the dog to meet the individual needs of the Warrior.



**Available for those who served during GWOT, OIF/OEF and were injured/wounded in a combat zone**

These evidence-based therapies improve muscle strength, emotional well-being, motor development, balance and coordination. Therapy addresses many injuries including:

- ♥ Spinal Cord Injuries
- ♥ Speech/Communication
- ♥ Loss of Limbs
- ♥ Post-Traumatic Stress Disorder
- ♥ Traumatic Brain Injury
- ♥ Multiple Sclerosis
- ♥ Cancer

## Pledge to Liberty

All programs and services are provided at no charge to our heroes. Heartbeat relies on generous supporters like you.

Please support our heroic military families. When they felt the call to serve, they were thinking of our loved ones and us. Now it's our turn to support them.

NAME

ADDRESS

PHONE

CONTACT EMAIL

*Become a Pledge to Liberty Donor*

I am making a donation of:

\$30  \$50  \$100  \$125

\$1,000  Other \_\_\_\_\_

Make checks payable to: Heartbeat

Mail payments to:  
PO Box 610  
Onalaska, WA 98570

OR consider making a monthly pledge by check OR online at [www.heartbeatforwarriors.org](http://www.heartbeatforwarriors.org) and click the donate button.

*Heartbeat is a 501c3 organization. All donations are tax deductible. All donors will receive a confirmation letter.*

*Planned giving through trusts and wills ensures that your assets go towards our heroes.*

*Please email Janice Buckley, President, at [janice@heartbeatforwarriors.org](mailto:janice@heartbeatforwarriors.org) or call her at (425) 931-1047.*

## About Heartbeat Serving Wounded Warriors®

When brave Warriors return home with physical and psychological injuries, everything changes. Health issues present unexpected challenges for the whole family.

Heartbeat offers services to all branches of the military in Washington State:

- ♥ Air Force
- ♥ Army
- ♥ Coast Guard
- ♥ Marines
- ♥ Navy
- ♥ National Guard

Only licensed and trained persons provide our therapeutic services.

*Heartbeat is a private, 501c3 nonprofit organization. All donations are tax deductible.*

Please visit our Web site:  
[www.heartbeatforwarriors.org](http://www.heartbeatforwarriors.org)

## Why We Provide Free Services

Our brave, wounded Warriors sustained their injuries while they defended our freedom and way of life. They put their lives on the line for complete strangers.

Heartbeat and its supporters firmly believe we owe it to our heroes and their military families to help them heal. After all, they already paid with their lives.

Heartbeat thanks our supporters from the bottom of our heart.



Heartbeat Serving Wounded Warriors®  
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*All charitable donations are tax-deductible as allowed by law.*



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serving wounded warriors®

**Please visit our website for more information:**

[www.heartbeatforwarriors.org](http://www.heartbeatforwarriors.org)



*Our mission is to provide emergency assistance, morale building, and innovative therapeutic services for wounded Warriors and their families*

**LET THE HEALING BEGIN**

[www.heartbeatforwarriors.org](http://www.heartbeatforwarriors.org)

A 501c3 Non-Profit Organization